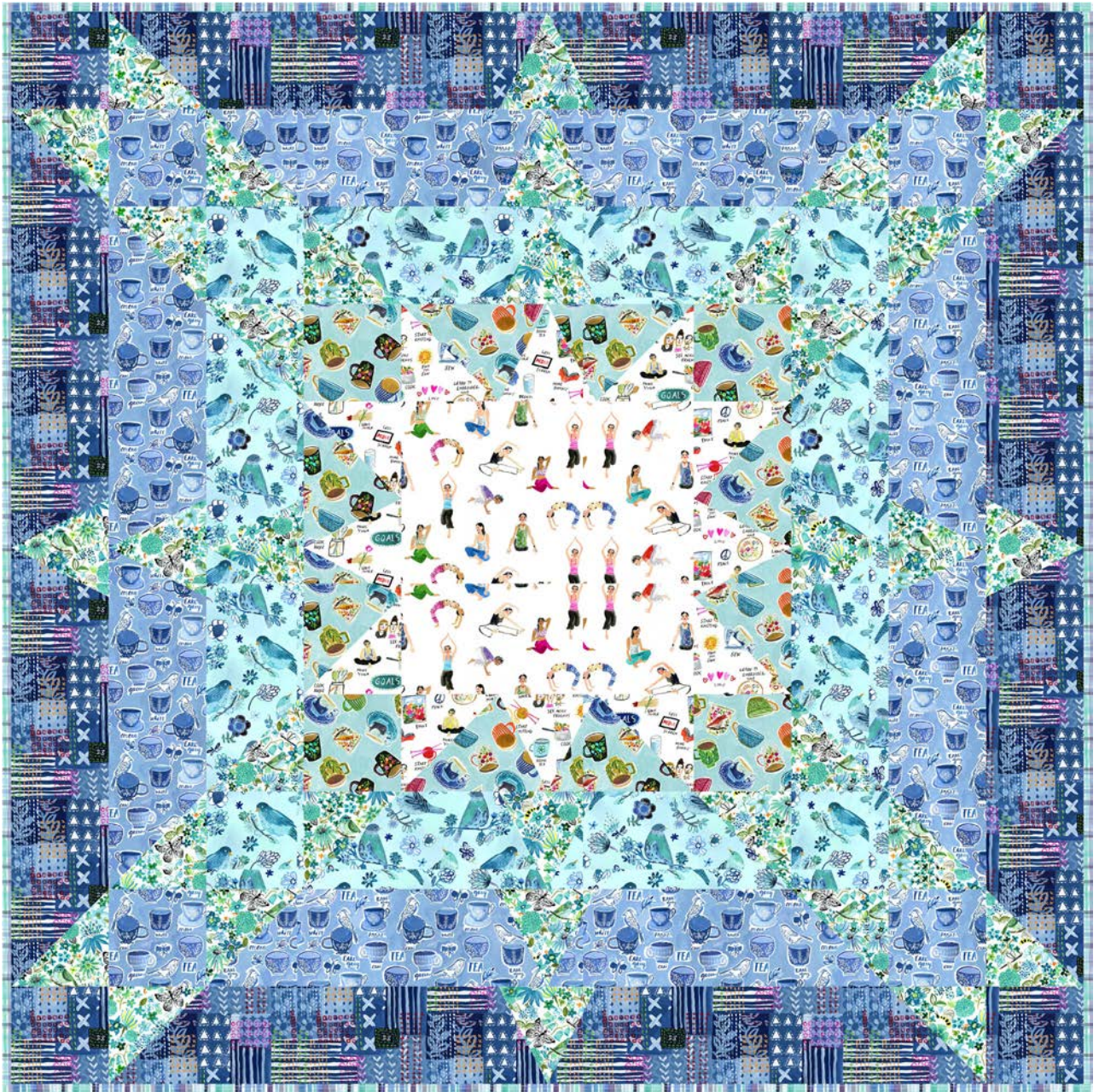


Dear Stella fabrics are available online and in sewing and quilting shops worldwide. Ask for it at your local quilt shop!



Finished quilt size: 44 $\frac{1}{2}$ " x 44 $\frac{1}{2}$ "

Center Yourself

quilt pattern

DESIGNED BY STACEY DAY
staceyinstitches.wordpress.com
Featured fabrics: No Place Like Ohm
by












Concentric pieced borders radiate from a large center square. Soothing blue tones from fabrics in our *No Place Like Ohm* collection add to the centered serenity of this design.



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CENTER YOURSELF QUILT PATTERN

Materials and Cutting		
Fabric	Yardage	Cutting
 Patchwork Stella-DJL1703 Multi	7/8 yard	Cut: 5 strips, 4 1/2" x WOF. Sub-cut 8 F rectangles, 4 1/2" x 16 1/2", 4 F squares, 4 1/2" x 4 1/2" and 4 each F Left and Right triangles.
 Tea-rrific Stella-DJL1706 Ocean	3/4 yard	Cut: 4 strips, 4 1/2" x WOF. Sub-cut 8 E rectangles, 4 1/2" x 12 1/2", 4 E squares, 4 1/2" x 4 1/2" and 4 each E Left and Right triangles.
 So Fly Stella-DJL1704 Multi	5/8 yard	Cut: 3 strips, 4 1/2" x WOF. Sub-cut 8 C rectangles, 4 1/2" x 8 1/2", 4 C squares, 4 1/2" x 4 1/2" and 4 each C Left and Right triangles.
 Garden Meditation Stella-DJL1700 White	1/2 yard	Cut: 5 strips, 4 1/2" x WOF. Sub-cut 24 D squares, 4 1/2" x 4 1/2" and 12 D Center triangles.
 Tartan Wash Stella-DJL1705 Multi	3/8 yard	Cut: 5 strips, 2 1/4" x WOF, for binding.
 No Place Like Om Stella-DJL1701 White	1 fat quarter (18" x 21")	Cut: 1 center square, 12 1/2" x 12 1/2".
 Goals Stella-DJL1702 White	1 fat quarter (18" x 21")	Cut: 4 A squares, 4 7/8" x 4 7/8" 4 A Center triangles
 Deja Brew Stella-DJL1699 Multi	1 fat quarter (18" x 21")	Cut: 4 B1 squares, 4 7/8" x 4 7/8" 4 B2 squares, 4 1/2" x 4 1/2" 4 each B Left and Right Triangles.
 Moonscape Stella-1150 Starlight	3 yards	Remove selvages and cut yardage into two equal lengths for backing.
Other		
Batting	52" x 52"	

#dearstella

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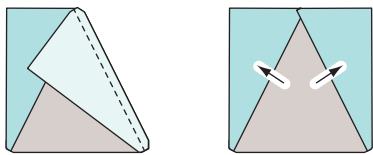
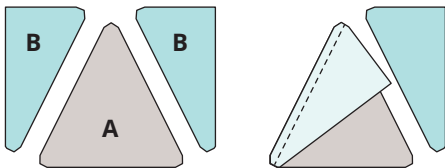
PAGE 2 OF 4

CENTER YOURSELF QUILT PATTERN

Note: All seam allowances are 1/4" unless otherwise specified. Press seam allowances open unless otherwise indicated.

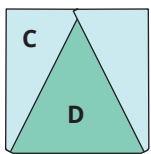
Make the Units

1 Arrange one **A** Center triangle and one each **B** Left and Right triangles as shown. Sew the Left triangle to the adjacent edge of the Center triangle. Press the seam away from the Center triangle. Sew the Right triangle the adjacent edge of the Center triangle. Press the seam away from the Center triangle. Make a total of four **A/B** triangle units.

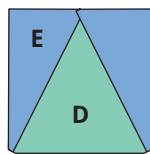


A/B Triangle Unit
Make 4.

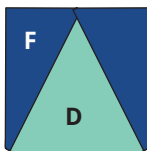
2 Repeat step 1 with the Center, Left, and Right triangles indicated below to make additional triangle units.



D/C Triangle Unit
Make 4.

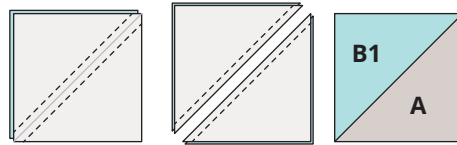


D/E Triangle Unit
Make 4.



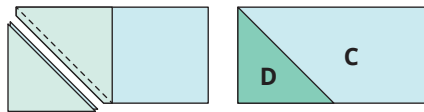
D/F Triangle Unit
Make 4.

3 Draw a diagonal line from corner to corner on the wrong side of each **A** square. Place one marked square right sides together with one **B1** square, matching outer edges. Sew 1/4" away from each side of the marked line. Cut along the marked line and press the seams open to make two HST. Make a total of 8 **A/B1** HST.



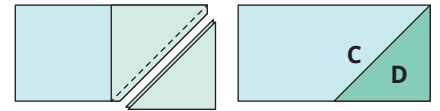
A/B1 HST
Make 8.

4 Draw a diagonal line from corner to corner on the wrong side of each **D** square. Place one marked **D** square right sides together on the left end of one **C** rectangle, matching outer edges. Sew on the marked line. Trim the excess corner fabric, leaving a 1/4" seam allowance. Make four each **D/C**, **D/E**, and **D/F** left-cornered rectangle units.



Left-cornered rectangle units
Make 4 of each.

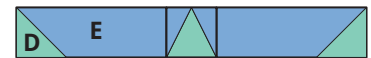
5 Repeat step 4, placing the marked **D** square on the right end of the rectangles. Make four each **D/C**, **D/E**, and **D/F** right-cornered rectangle units.



Right-cornered rectangle units
Make 4 of each.

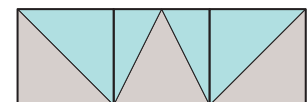
Assemble the Quilt

1 Sew one **A/B1** HST to either side of an **A/B** triangle unit as shown below. Press. Make four **A/B** border units. Repeat to make four border units each of the **D/C** triangle and rectangle units, **D/E** triangle and rectangle units, and **D/F** triangle and rectangle units.



Make 4 of each.

2 Referring to the Quilt Assembly Diagram for orientation, sew one **A/B** border unit to either side of the center square. Press. Sew one **B2** square to each end of the two remaining **A/B** border units. Sew one border unit to the top and the other to the bottom edge of the center square. Press.



A/B border unit
Make 4.



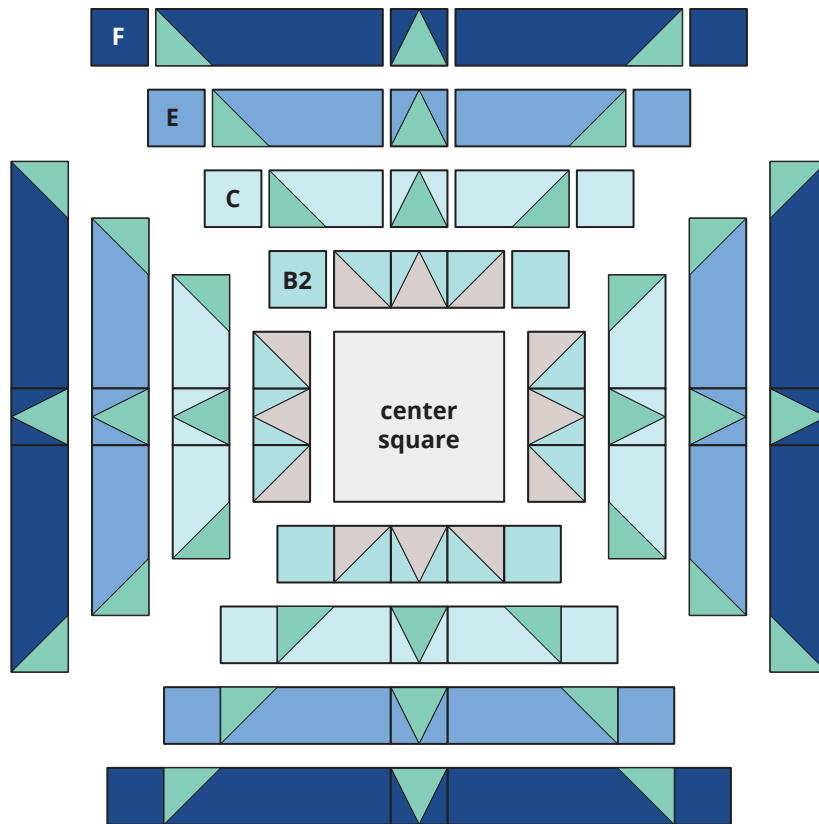
CENTER YOURSELF QUILT PATTERN

3 Referring to the Quilt Assembly Diagram, repeat step 2 with the **D/C** border unit and **C** squares, the **D/E** border unit and **E** squares, and the **D/F** border unit and **F** squares, forming concentric rows around the quilt center and completing the quilt top.

Finishing

1 Using a 1/2" seam allowance, join the two large backing rectangles along one long edge to complete the quilt backing. Press.

2 Layer the quilt backing, batting, and quilt top. Quilt as desired. Stitch a scant 1/4" from the edge around the perimeter of the quilt. Trim the excess backing and batting. Use your favorite method to bind the quilt.



Quilt Assembly Diagram

