



Free Spirit

Sanctuary Quilt

Featuring Folk Heart by Nathalie Lete for Conservatory Craft

Fussy-cut a folk-art bouquet of Nine-patch blocks and squares. This simple yet striking design overflows with pretty patterns.

Collection:	Folk Heart by Nathalie Lete for Conservatory Craft
Technique:	Pieced
Finished Size:	Finished Size of Project: 54" x 72" (137.16cm x 182.88cm) Finished Size of Block: 9" (22.86cm) square

All possible care has been taken to assure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.

Project designed by FreeSpirit Fabrics | Tech edited by Alison M. Schmidt

Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) Windows	Ecru	PWNL031.ECRU**	2 yards (1.83m)
(B) Fortune	Midnight	PWNL021.MIDNIGHT	1 ³ / ₈ yards (1.26m)
(C) Fortune Small	Fair	PWNL022.FAIR	1/2 yard (0.46m)
(D) Eyelet	Amber	PWNL023.AMBER	1/3 yard (0.30m)
(E) Eyelet	Periwinkle	PWNL023.PERIWINKLE	1/3 yard (0.30m)
(F) Flocked	Coral	PWNL024.CORAL	1/3 yard (0.30m)
(G) Flocked Small	Aqua	PWNL025.AQUA*	1 yard (0.91m)
(H) Nesting	Berry	PWNL026.BERRY	3/4 yard (0.69m)
(I) Nesting Small	Black	PWNL027.BLACK	2/3 yard (0.61m)
(J) Lace	Cherry	PWNL028.CHERRY	1/8 yard (0.11m)
(K) Lace	China	PWNL028.CHINA	1/8 yard (0.11m)
(L) Lace	Terracotta	PWNL028.TERRACOTTA	1/8 yard (0.11m)
(M) Take Heart	Meadow	PWNL029.MEADOW	1/2 yard (0.46m)
(N) Take Heart	Powder	PWNL029.POWDER	1/2 yard (0.46m)
(O) Reflecting	Posy	PWNL030.POSY	1/4 yard (0.23m)
(P) Reflecting	Sage	PWNL030.SAGE	3/8 yard (0.34m)
(Q) Windows	Gilded	PWNL031.GILDED	3/8 yard (0.34m)
(R) Windows	Sun	PWNL031.SUN	1/4 yard (0.23m)

* includes binding

** If you choose not to piece the fussy-cut top/bottom borders from the remaining WOF after LOF side borders are fussy cut, the total yardage required would **increase to 2⁵/₈ yards**. If you prefer not to piece the top/bottom borders, 2 yards is enough to also cut the top/bottom borders from the LOF.

Backing (Purchased Separately)

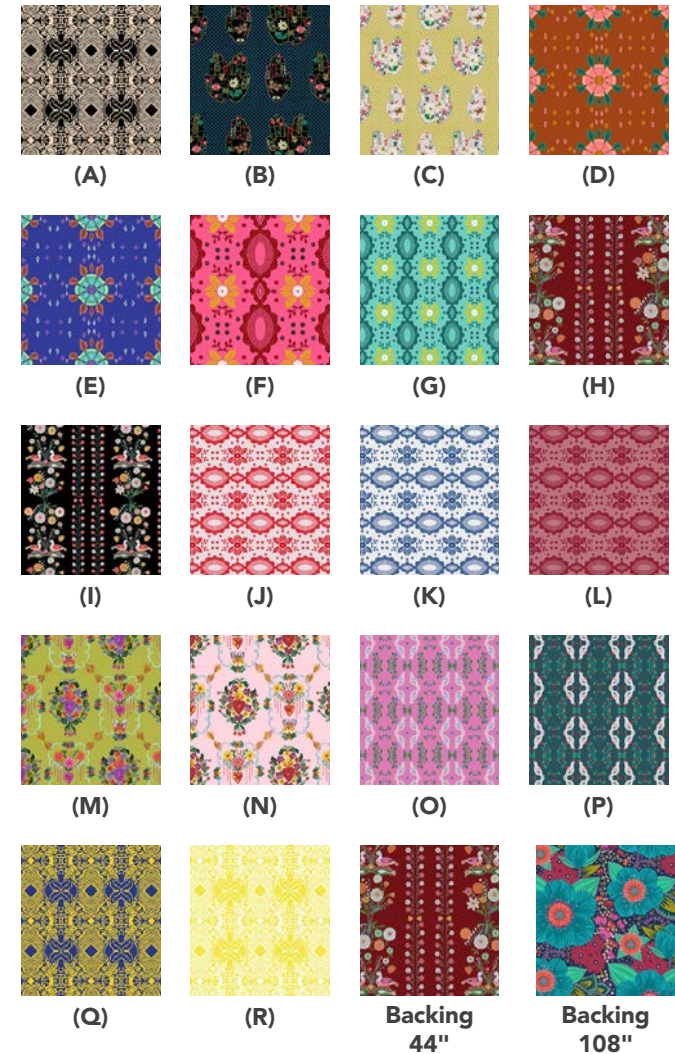
44" (1.12m) wide

Nesting Berry PWNL026.BERRY 4³/₄ yards (4.34m)

OR

108" (2.74m) wide

Honorable Mention Turquoise QBAH002.TURQUOISE 1⁷/₈ yards (1.71m)



Additional Recommendations

- 100% cotton thread in colors to match
- 62" x 80" (1.57m x 2.03m) batting

Cutting

WOF = Width of Fabric
LOF = Length of Fabric

Fabric A, fussy-cut:

- (2) 5" x LOF; centering the black square-on-point motif along the length
- (5) 5" x *remaining** WOF for top/bottom borders, centering the black square-on-point motif from top to bottom in each strip
- (8) 3½" squares

**If you have additional yardage because you prefer not to piece the fussy-cut top/bottom borders from the remaining WOF after LOF side borders are fussy cut, instead cut (3) 5" x full WOF. If you don't have additional yardage, but don't wish to piece the top/bottom borders, the 2 yards listed is enough to instead cut an additional (2) 5" x LOF strips for the top/bottom borders.*

Fabric B, fussy-cut:

- (4) 9½" squares, each centered on a pair of hands

Fabric C, fussy-cut:

- (1) 9½" square, centered on a pair of hands
- (4) 3½" squares

Fabrics D and E, cut from each:

- (1) 9½" squares
- (10) 3½" squares

Fabric F, cut:

- (1) 9½" square
- (13) 3½" squares

Fabric G cut:

- (8) 2½" x WOF for binding
- (1) 9½" square
- (17) 3½" squares

Fabric H, fussy-cut:

- (2) 9½" squares, each centered on a pair of birds

Fabric I, fussy-cut:

- (3) 9½" squares
- (4) 3½" squares

Fabrics J and K, cut from each:

- (10) 3½" squares

Fabric L, cut:

- (9) 3½" squares

Fabric M, fussy-cut:

- (1) 9½" square, centered on a floral bouquet

Fabric N, fussy-cut:

- (2) 9½" squares, each centered on a floral bouquet

Fabric O, cut:

- (14) 3½" squares

Fabric P, cut:

- (23) 3½" squares

Fabric Q, cut:

- (1) 9½" square
- (9) 3½" squares

Fabric R, cut:

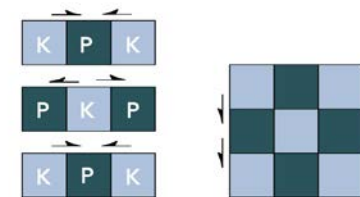
- (12) 3½" squares

Instructions

Note: All seam allowances are ¼" (.64cm) unless otherwise noted. Sew pieces right sides together. Press after each seam following the arrows or press open if not directed otherwise.

1. Arrange (5) 3½" **Fabric K** squares and (4) 3½" **Fabric P** squares in (3) rows of (3) squares each as shown (**Fig. 1**). Sew the squares in each row together along adjacent edges. Press the seam allowances toward the **Fabric P** squares. Sew the rows together along adjacent edges. Press the seam allowances in one direction to complete the Nine-patch Block.

Fig. 1



Nine-patch Block
 Make a total of 17.

2. Referring to the **Quilt Layout** (page 5) for fabric combinations, and pressing towards the darker fabric, make (16) additional Nine-patch Blocks.

Quilt Top Assembly

Measure the Quilt Center width and height before cutting and adding borders and adjust border measurements if necessary to match your measurements.

3. Referring to the **Quilt Layout** (page 5) for placement, arrange the Nine-patch Blocks and $9\frac{1}{2}$ " squares in (7) rows of (5) blocks and squares each. Note that the number of blocks and squares alternates in each row. Sew the blocks and squares in each row together along adjacent edges. Press.
4. Sew the rows together along adjacent edges. Press.
5. Trim the (2) 5" x LOF **Fabric A** side border strips to $63\frac{1}{2}$ " - long, and if desired, matching the fussy-cut print orientation on both. Sew one **Fabric A** side border to each side of the quilt center. Press the seam allowances toward the side borders.
6. Sew all the 5" x WOF **Fabric A** top/bottom border strips together along the short edges, trimming as needed to match fussy-cut motifs. Press. Cut (2) top/bottom borders $54\frac{1}{2}$ " - long. Sew one border to the top and the other to the bottom of the quilt center, mirroring fussy cut motifs. Press the seam allowances toward the borders.

Finishing

7. Sew together the $2\frac{1}{2}$ " x WOF **Fabric G** binding strips end-to-end using diagonal seams. Press the seams open. Press the binding strip in half wrong sides together.
8. Layer the backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the quilt top after quilting is completed.
9. Leaving an 8" tail of binding, sew binding to top of quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where these two loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to $\frac{1}{4}$ " and press open. Finish sewing binding to quilt.
10. Turn the binding to the back of the quilt and hand stitch in place.

Quilt Layout

